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| **Subject of assessment (May be an activity, hazard or relate to an individual)**  Club sessions (online with coach leading them) ( date and what activity involves) | | **RA conducted by.** | **Date.** | **RA ref. no.** |
| **List the risk/s involved or describe the hazard**  Injury to self, e.g. pulled muscle, strains / sprains  Injury to others, falling onto, scratching or knocking others during practise  Injury from surroundings – banging on equipment, sharp objects on ground  Unexpected visitors joining Zoom call  Individuals not following guidance | | | | |
| **List the current control measures in place.**  Qualified instructor – advice on personal comfort & safety during practise  Awareness of space, one person per screen – not multiple  Safe environment – individuals told to have all furniture cleared away before beginning Coach to provide zoom link and this is only shared with students who have reserved a ticket via website  Individuals must have camera on so coach is able to correct technique and ensure they’re practising safely | | | | |
| **Current risk level. ~~High / Medium~~ / Low**  **(See risk matrix) (Delete as appropriate)** | | | | |
| **List the actions required to reduce the risk, include reference to any written safety procedures**  exercises shouldn’t be very difficult, should be low level skill required to take part.  Only ARU students to take part Coach has relevant insurance and will cap session to make sure can support all attendees safely. | | | **Date actioned** | **Actioned by**  **At all sessions** |
| **Revised risk level. High / Medium / Low**  **(See risk matrix) (Delete as appropriate)** | | | | |
| **RA verified by** | | | | **Date.** |
| **Risk assessment issued to the following;** | | | | **Date.** |
| **Risk assessment review date.**  **(Usually annually)** |  | | | |
| **Risk assessment reviewed by.** |  | | | |