

Campaigns Budget Form

Please submit alongside project plan or update

Name: Mary Copsey
Dates:

Role: Vice President Business and Law

Which campaign is this for?: mindfulness box for our student spaces -Cambridge and Chelmsford

Date of Executive Committee: 28th October

What You Need:	Estimated Cost	Why You Need This:	Amount Approved	Amount Spent	Items Purchased	Date Spent
Mini Soft Squeeze Toy, Fidget Hand Toy for Stress Relief 40 Pack £11.99	£11.99	Animal stress fidget toys (20 per campus)				
Set of 3 A4 Colour Therapy Adult Colouring Books, Botanical, Birds & Nouveau Designs, Set (2X = 11.98)	£11.98	3 colours books per a campus for adult colour therapy				
20 Pack colouring pens (2X = 4.98)	£4.98	colouring pens for each campus				
30 Professional Colour Therapy Colouring Pencil Crayons (2X = £7.18)	£7.18	colouring pencils for each campus				
Stress Less Cards - 50 Inspirational Mindfulness & Meditation Exercises Helps Relieve Stress, Anxiety Natural Relaxation, Insomnia & Sleep Aid (2x = 19.78)	£19.78	Stress Less Cards deck contains 50 extremely effective exercises to help you relieve stress and deal with anxiety whenever you need it the most. Easy for everyone to use, these powerful techniques can be quickly memorized and used in any situation				
Empowering Questions Cards - 52 cards for meditation, writing, or any other empowering process you like Examine your deeper self, discover your inner strength and bring more energy into your life. (2x = 19.78)	£19.78	52 cards with empowering getting to know yourself questions and self help questions The pack of cards also contains the following themes, empower yourself, regain lost confidence, discover the new you and choose your own progress.				
The Little Book of Mindfulness: 10 minutes a day to less stress, more peace (2x = 11.98)	£11.98	A book full of 10minute techniques to a calmer mind-set				

Mindfulness Plain & Simple (2x = £6.00)	£6.00	A book on mindfulness - addressing stress and anxiety				
Wintao Storage Box, Collapsible Linen Fabric Clothing Storage Basket Bins Toy Box Organizer with Lids for Books and More, Grey, 3 Sizes-Large (27.98) non-plastic easy to flat pack (grey in colour)	£27.98	2 storage boxes (non-plastic fabric material and easy to store) least hazardous as has no sharp edges and grey in colour so it is neutral				
Fidget Hand Spinner Toy, Stress Reducer Ultra Durable High Speed Ceramic Bearing Fidget Finger (White Red) (X4 = 11.88)	£11.88	fidget spinners for mindfulness box				
Speed Cube Set, Magic Cube Bundle Sticker and Stickless Speed Cube Smooth Twist Cube 3D Puzzle Game, 2 Pack(X2 = 15.98)	£15.98	rubix cubes for mindfulness box				
Fiddle Kit - 5 Genuine Tangles (14.75)	£14.75	tangles for mindfulness box				
12pc Spring Slinky Rainbow (3.95)	£3.95	slinky for mindfulness box				
Yo-Yo, Pack of 12 (2.26)	£2.26	yo-yo's for mindfulness box				
18 Pack Fidget Toys Sensory Toys for Stress Relief Fiddle Toys Stress Balls adults with a Gift Bag (2x = 33.98)	£33.98	mindfulness giftbag				
Martello A5 Mega Puzzle Time Travel Puzzle Books - Crossword, Word Search Brain Teaser Books 1 & 2 (X4 = 15.96)	£15.96	2 puzzle books for each campus				
Total Requested	£220.41		£0.00	£0.00		