FVC LEDIC
140/19

Campaigns Budget Form

Please submit alongside project plan or update

Name: Mary Copsey
Role: Vice President Business and Law
Dates:
Which campaign is this for?: Mindfulness box for our student spaces -Cambridge and Chelmsford
Date of Executive Committee: 29th October

What You Need:	Estimated Cost	Why You Need This:	Amount Approved	Amount Spent	Items Purchased	Date Spent
Stress Balls, Finger Exercise/Stress Relief Toys, (total number 24 stress balls (12per a campus)	£19.98	Student feedback given from the mindfulness sessions highlighted a number of requests for the order of ssensory stress balls to support anxiety				
Coogam 12 Pack Stretchy String Sensory Toys - Relieve Stress and Increase Patience. (6per a campus)	£11.98	Student feedback given from the mindfulness sessions highlighted a number of requests for the order of ssensory stress balls to support anxiety				
8 pack of Assorted Colours Cotton Fabric Bean Bags for Sensory.(4per a campus)	£13.94	Student feedback given from the mindfulness sessions highlighted a number of requests for the order of ssensory stress balls to support anxiety				
The Anxiety Journal: Exercises to soothe stress and eliminate anxiety wherever you are (book 1per a campus)	£13.02	Student feedback given from the mindfulness sessions highlighted a number of requests for the order of ssensory stress balls to support anxiety				
Total Requested	**£58.92**		**£0.00**	**£0.00**		

Variation between Amount Approved