

## Mental Health First Aid Training

As part of the priority Let's Be Honest campaign, we have a commitment to improving mental health at ARU through a variety of approaches. Last year, we offered Mental Health First Aid training for elected representatives and club and society committee members. Following the success of this training session, we want to run the Mental Health First Aid training sessions again, which has been built into the Let's Be Honest project plan for the academic year. This training will take place in January 2018 over the course of two days and there are 16 places available. It will be an incredible learning opportunity for those student leaders who want to play an active role in improving mental health resources and becoming part of a peer support network.

The cost to book the sessions and instructor has already been supplied, but there is a supplementary cost for course materials at £25 per attendee. To assure attendance, we will ask attendees to give a £5 deposit when they book. As the two-day course involves full days (9am-4:30pm), we also want to provide the attendees with refreshments at a cost of £50.

### Executive Committee Request For Funds

<b>Name</b>	Officers' Team Campaign
<b>Position</b>	Officers
<b>Date Of Request</b>	21-Nov
<b>Name Of Campaign</b>	Let's Be Honest - Mental Health First Aid Training
<b>Date Of Campaign</b>	Jan-18

Item Description	Cost	Why You Need This	Web Links To Product	Amount Given
Cost of course materials (16 places @ £25 cost)	£400.00	Costs for materials for student Mental Health First Aid training. Total cost is £25 per attendee for course materials with 16 places available - students will be asked to pay £5 deposit to assure attendance.		
Refreshments	£50.00	To provide lunch for those in attendance on both days		
<b>Total Requested</b>	<b>£450.00</b>		<b>Total Allocated</b>	<b>£0.00</b>

<b>Funds Authorised By</b>	
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<b>Date Authorised</b>	
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