

EXECUTIVE COMMITTEE UPDATE

AMANDA CAMPBELL-WHITE - VICE PRESIDENT (ARTS, HUMANITIES & SOCIAL SCIENCES)

My campaigns, policy and other work



My campaigns

Community project	In Progress
<p><i>Actions updated: [18/03/19]</i> Mary and I have put a date in the calendar and will be meeting to discuss the community project, planning our next charity collection chosen by students for SEM 2!</p>	
Best Night In//Out	In Progress
<p><i>Actions updated: [18/03/19]</i> Chelmsford Best Night Out- planning the next one. Completed in terms of events for Cambridge! On – going in terms of the bar proposal to the university!</p>	
Body Positivity	Completed
<p><i>Actions updated: [18/03/19]</i></p> <ul style="list-style-type: none"> - February: organised and hosted the BP showcase. Managed to get societies together and involved through performing whatever they wished to share at the showcase. The room was packed out and it was a really good evening. - February: I did an Instagram/snapchat takeover week: raise awareness and spread positivity. <p>Next steps: Completed!! Following on from the success of the campaign, students have now set up a permanent society – Happy body project! So now my campaign can move forward within the society even when I am not here anymore.</p>	

Rent:	Completed
<p><i>Actions updated: [18/03/19]</i></p> <ul style="list-style-type: none"> - RA's and feedback hub for uni halls//housing: After initial research into how the university website is structured, came to the conclusion that a hub may not be a feasible/useful tool. Looking into the possibility of developing a tile potion on the ARU app or Safezones app. Have had conversations in USU about RA's in terms of wellbeing of RA's and how they support other students when working. - Another action for me was to look at misconduct in halls (As part of SRWG) I have not been able to take any figures or highlights to SWRG, as I am waiting for the results from the Rent survey to come out. However, we are in the process of developing the stages of the universities "Unsilenced campaign". <p>Next steps:</p> <ul style="list-style-type: none"> - Take relevant rent survey stats to meetings (SRWG, SEC and SSSG) - Attending the whole development day coming up in April. Looking at what are the next stages within the university unsilenced campaign and working with the consent collective to review our current provision under the four headings below, identify where we like to see further development and agree actions. <ol style="list-style-type: none"> 1. Report- including Anonymous and Named reporting tools to be released in March 2019 as part of the Unsilenced Campaign 2. Support- including the Sexual Violence Liaison Officers, the broader Harassment Support Network and other activity such as the Good Lad Initiative and Self-Defence Classes 3. Regulate- including the current complaints procedures 4. Educate- including training and engagement with staff and students 	

Managing Stress - De-Stress Fest	Completed
<p><i>Actions updated: [18/03/19]</i></p> <ul style="list-style-type: none"> - As part of this campaign I ran De-Stress Fest - 2 weeks' worth of events and activities for student run by the SU and other university departments such as counselling and wellbeing service, residential etc. Activities worked better in Cambridge then they did in Chelmsford. Some activities included: Self-care tea party: effects of caffeine and herbal teas on stress. Afternoon: Co-hosted with 	

Arts and Crafts society, We painted plant pots and planting seeds for students to take home and keep on their windowsill. Was great to have staff come along and get involved with students. Anecdotal feedback included: "This activity for the half an hour I have been here has made my week, thank you for letting me take a break from work that is stressing me out". Full list of events here:

<https://www.angliastudent.com/destress/>

- **Peterborough:** students' really benefited from our day on their campus as it was during exams so in-between exams and free time them utilised what we were providing.
- As part of Skills workshops – we had Managing Stress sessions, these were fully booked first

Next steps:

Completed! Within SEC and SSSG "the Wellbeing strategy" actively works towards student wellbeing across the whole university.

Other relevant updates

Actions updated: 14/09/18

General update:

- Pdr360: working on my personal development - public speaking on my employability within the SU lectures.
- **AHSS Management Course Design Intensive days:** been involved in the process of planning the Course design intensive days, looking at how students can be included in the process.
- **Ruskin Modules:** Regular meetings with Elaine Brown and Matt Hayes (VP FSE) about how students can get involved in the process of Ruskin modules, what these modules may look like for students and what the next steps will be. Created a whole list of module ideas/suggestions and these are being used within the module design!