Executive Committee Request For Funds

Name	Officer Team	
Position	Executive Officers	
Date Of Request	14-Mar	
Name Of Campaign	Let's Be Honest/De-Stress Events: De-Stress Fest	
Date Of Campaign	April 23rd-27th	

Item Description	Cost	Why You Need This	Web Links To Product	Amount Given
DIY Stress Balls		This was a popular event last year for students to create a		
materials: flour,		takeaway stress ball. This will be an active 'making' event		
balloons, tablecloth	£20.00	held on both campuses.		
		This was a popular giveaway last year for students at the		
Prosecco, Fruit Juice,		library to relax and celebrate their successes. This will be		
Plastic Champagne		held on Cambridge, Chelmsford, and Peterborough		
Flutes	£250.00	campus.		
Play dough	£30.00	Studies show that 'making' and 'creating' helps students to de-stress and relax. Play dough is inexpensive, but will allow students to have this experience. We will provide this on Cambridge and Chelmsford campus.		
Hand massages from Lush Cosmetics	£200.00	Students have been extraordinarily engaged with events from Lush Cosmetics - staff can bring solid massage oils to Cambridge and Chelmsford campus and not only give hand and arm massages, but teach students how to do it.		

al to arrive during exams.	£50.00	Postcards and pens
s to self pre-exams encouraging self to do d up etc. We will look at posting internally		
	£500.00	pens
kits to hand out to hard-working students at		deoderant, toothbrushes, gum,
ciety and Cambridge student space.	£20.00	
rials for hot chocolate and tea to provide for ciety and Cambridge student space.		Tea and hot chocolate stall Fruit, water, face wipes, deoderant.

Funds Authorised By	
Date Authorised	