

## ENVIROMENTAL & COMMUNITY REP (CHELMSFORD) ONE PAGE PLAN

Name: Thea Maragkakis

Name of priority campaign: Giving food and warm clothing to elderly

|                             |   | runne er pri    | ority campaign: Giving 1000 and wan        | in electring to electry |
|-----------------------------|---|-----------------|--|-------------------------|
| Input (resources, time      | Activity                                      | Completion date | Outcomes                                   | Indictors of outcome    |
| and budget)                 |   |                 | (the result, effect, change etc)           |                         |
|                             | To get the community of Anglia Ruskin         | Start in Spring | To grow specific plants that will          |                         |
| Resources: people, seeds,   | University to create a small space on campus  | 2016 to be      | encourage insects like butterflies and     |                         |
| plants, soil, spades, rake, | where they will learn about planting and      | finished by     | bees (which we are in danger of losing)    |                         |
| small area to do this.      | growing specific plants that will boost the   | Summer 2016     | to have somewhere to stay and              |                         |
| Time: a couple of hours     | wildlife content and provide more natural     |                 | pollinate and expand our natural areas.    |                         |
| to prepare the land, a      | space. They will choose the plants, choose    |                 | This will provide a place for all wildlife |                         |
| couple of hours to plant.   | the area, prepare the area and plant the      |                 | to grow and provide an area for children   |                         |
| Budget: £10-£15 per         | seeds. I, along with a small team will then   |                 | to learn about nature and wildlife and a   |                         |
| area.                       | maintain the area so that students can learn  |                 | place for adults to reconnect with the     |                         |
|                             | more about nature. I would also like this     |                 | environment and become more involved       |                         |
|                             | project to expand to different areas of       |                 | in society.                                |                         |
|                             | Chelmsford with not so much natural space,    |                 |  |                         |
|                             | such as blocks of flats to create a more      |                 |  |                         |
|                             | community feel, get people to be more social  |                 |  |                         |
|                             | and help them learn about nature.             |                 |  |                         |
| Resources: Plastic bowls,   | Create places for small animals to be able to | A couple of     | The outcome of this project is to provide  |                         |
| water, marbles.             | keep hydrated throughout the year.            | weeks.          | small watering stations for animals such   |                         |
| Time: a couple of hours.    | , , ,   |                 | as dogs, cats, deer, foxes etc on          |                         |
| Budget: a few £ per bulk    |   |                 | footpaths, outside shops and around        |                         |
| bowls, £6 bulk marbles.     |   |                 | neighbourhoods so that animals are         |                         |
| ,                           |   |                 | constantly hydrated. Also to create        |                         |
|                             |   |                 | insect watering holes so that our          |                         |
|                             |   |                 | wildlife is maintained.                    |                         |
| Resources: Campus,          |   |                 |  |                         |
| stalls, food, activities,   | Themed nights on campus to explore            | Throughout the  | To get students involved and interested    |                         |
| photographer, lights,       | different cultures with food, dances,         | year.           | in other cultures, nights such as Mexian   |                         |
| music/band.                 | activities, dress.                            |                 | Night (on its own or Day of the Dead)      |                         |
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| Time: one evening.<br>Budget: £50 per night   |  |                                | Chinese New Year, Japanese Night, etc<br>should be celebrated as a fairs, or nights<br>with traditional food, dress, music,<br>drinks, activities etc so help people<br>connect with other people and learn<br>about different cultures.   |  |
|---|--|--------------------------------|--|--|
| Resources: People, baskets, tins of food, food, clothing. Time: 2 evenings Budget: food resourced through university handing in tins and spare clothes etc. | Have 2 or 3 teams of people go out to the elderly in Chelmsford around winter time to see if they need any help shovelling snow, and hand out warm food and spare clothing to ensure they are warm and safe. | December 2015-<br>January 2016 | This is to bring people together, both from the university and around Chelmsford and give them a task that makes them feel involved in the community and help those who may be in need this winter. To provide food and warm clothing may just help them this winter, especially if its too cold. Some may not need this charity but would want someone to talk to for a little while or need help shovelling snow or something. |  |