

'Make Your Mark' Committee Member - Dementia Care

Are you looking to 'Make a Difference' in your local community and enhance the university experience of other ARU students? Are you a current ARU student on the Chelmsford campus? This role may be for you!

Role Description

Dementia Care is a very prominent issue within Chelmsford.

"The elderly population in Chelmsford is expected to increase from 32,700 in 2015 to 40,100 in 2025 with the number of people living with dementia by 2030 expected to rise by 66%"

Help the Volunteer Centre to influence positive, sustainable change by raising awareness and create positive local impact by collaborating with other student leaders in our 'Make Your Mark' committee.

Why do we need you?

This volunteer role helps ARU Students' Union to achieve the following goals:

- We will create opportunities and deliver activities that make students proud to be part of the ARU community.
- Our students are inspired to volunteer, giving them the opportunity to broaden their experience of life and other people, make a difference and learn new skills.
- Our students are able to access bespoke, diverse and wide ranging on-going and one-off volunteer opportunities.

What activities will you be involved in?

- Raise awareness of the issue of dementia care in Chelmsford within the local and student community.
- Promote Make Your Mark volunteer opportunities to ARU students.
- Organise related volunteer projects and/or events.

What are we looking for?

As a volunteer you should:

- Be passionate about making a difference to those experiencing dementia.
- Be positive and enthusiastic.
- Have strong oral and written communication skills.
- Be able to work as part of a team and collaborate with others.
- Be able to effectively plan, organise and deliver projects or events.

What can you gain from this opportunity?

This voluntary role will help you build the following skills:

- Building relationships with local partners
- Planning, organising and delivering events
- Peer to peer support
- Leadership
- Team Building
- Collaborating with others

This volunteer role will enable you to:

- Receive one-to-one and group support from our Volunteer Coordinators.
- Log your volunteering hours and skills and work towards your ARU Students' Union Volunteer Awards.
- Download your Skills Transcript which can help you prepare your CV and for future job interviews.

How much time will I have to commit?

- It is recommended that you attend one committee meeting per month during normal term time.

Please note that this role is flexible and can be adapted to fit around your academic studies, other commitments, specific skills and needs. This role can also be split between one or more other volunteers if required.

Does the role come with support and training?

- You will receive a full induction to ensure you are confident in delivering your role to your best ability.
- You will have access to Skills Workshops delivered by ARU Students' Union or Anglia Ruskin University.
- Supervision and support from our Chelmsford Volunteer Coordinator.
- You can claim out of pocket expenses, as outlined in our Volunteer Handbook.

How do I apply?

To apply for this role, please go to the Volunteer Centre website here:

<https://www.angliastudent.com/volunteering/provider/382/>

Please note that the deadline to submit your application is **Wednesday 10th October 2018**.

Applicants will be contacted and invited to an informal interview, which will be arranged to be flexible around your other commitments.

Who should I contact?

To find out more information about this volunteering role, or if you have any further questions, please do not hesitate to contact Chris Pursell on:

Phone: 01223 460008

Email: c.pursell@angliastudent.com or volunteering@angliastudent.com

This role is purely voluntary and this arrangement is not meant to be a legally binding or to establish an employment contract.